

Northwood High School Dual Sport Policy 2024-2025 School Year

Many students have multiple talents and interests they wish to develop or pursue through participation in District-sponsored activities and groups. The District's policy is to encourage such participation. The following guidelines have been established for approval and also dealing with potential schedule conflicts a student could experience when participating in more than one (1) activity:

1. We have categorized our sports as **Primary** and **Secondary**. Every sport can be considered a **Primary** sport. Only four sports can be a **Secondary** sport. A student may only participate in two activities as long as at least one of them is categorized as a **Secondary** sport. You cannot participate in more than one **Primary** activity in one season. **Due to unique schedules and demands, not all sports offer a two-sport option.**

Primary Sports

Football	Cross Country
Soccer	Golf
Volleyball	Cheerleading
Basketball	Track & Field
Wrestling	Baseball/Softball

Secondary Sports

Cross Country
Golf
Cheerleading
Kicking (Football)

2. A student must designate a primary sport/activity and a secondary sport/activity. On the day that both activities/sports have a performance/contest, the student must participate in their primary activity/sport that day. The secondary activity/sport can only be played with advance permission from both advisors/coaches. (This includes any tournaments or competitions.)
3. If a student chooses to participate in Kicking for Football. He/She may only be a part of special teams as the kicker and/or punter.
4. A pre-season meeting with both coaches will take place to schedule practice times and game schedules. A plan will be put into place and will need to be approved by the athletic director.
5. A student's playing time/role is not guaranteed and is at the discretion of the coach/advisor.
6. Approval for dual sports participation will be denied if a student is on academic probation or if a student received one "F" in the previous academic quarter.
7. Application must be approved before the official start date of practice for both sports.

REQUEST FOR DUAL-SPORT PARTICIPATION

It is the intention of the athlete named below to participate in two sports during the same season. In order for this to occur, the following stipulations must be met in accordance with Northwood High School policy.

1. The process must be initiated through a meeting scheduled with the Athletic Director.
2. The athlete must declare which sport is primary and which is secondary for participation purposes.
3. Approval may be denied because of academic concerns at any time during the athletic season. The athlete then will participate in the primary sport only.
4. Practice and Game/Meet requirements must be established prior to the athletic season. Contests take precedence over practice, and the primary sport contests take precedence over secondary sport contests. 1) Any conflicts should be worked out between primary coach and secondary coach. Refer to pre-season agreement. 2) The athletic director will have the final decision if a solution cannot be made.

Name of Student-Athlete: _____ Date: _____

Primary Sport: _____ Secondary Sport: _____

Student-Athlete Signature/Date

Parent/Guardian Signature/Date

Athletic Director Signature/Date

Principal Signature/Date

Primary coach initials _____

Secondary coach initials _____